

Yoga at TLAC February 2012

Monday	Tuesday	Wednesday 2/1	Thursday 2/2	Friday 2/3	Saturday 2/4
		8:45-10:00 Yoga Level 1 Tracy 5:30-6:45 Yoga Level 1 Van	8:45-10:00 Open Levels Vinyasa Hunter	8:45-10:00 Vinyasa Flow Level 2 Kathy	8:45-9:45 am Open Levels Yoga Hunter
2/6	2/7	2/8	2/9	2/10	2/11
8:45-10:00 Open Levels Vinyasa Tracy 5:30-6:45 Yoga Level 1 Van	8:45-10:00 Vinyasa Flow Level 2 Hunter	8:45-10:00 Yoga Level 1 Tracy 5:30-6:45 Yoga Level 1 Van	8:45-10:00 Open Levels Vinyasa Hunter 10:15-11:00 Fast Vinyasa Flow Erica	8:45-10:00 Vinyasa Flow Level 2 Kathy	8:45-9:45 am Open Levels Yoga Erica
2/13	2/14	2/15	2/16	2/17	2/18
8:45-10:00 Open Levels Vinyasa Tracy 5:30-6:45 Yoga Level 1 Van	8:45-10:00 Vinyasa Flow Level 2 Hunter	8:45-10:00 Yoga Level 1 Tracy 5:30-6:45 Yoga Level 1 Van	8:45-10:00 Open Levels Vinyasa Hunter 10:15-11:00 Fast Vinyasa Flow Erica	8:45-10:00 Vinyasa Flow Level 2 Kathy	8:45-9:45 Open Levels Yoga Kathy
2/20	2/21	2/22	2/23	2/24	2/25
8:45-10:00 Open Levels Vinyasa Tracy 5:30-6:45 Yoga Level 1 Erica	8:45-10:00 Vinyasa Flow Level 2 Hunter	8:45-10:00 Yoga Level 1 Tracy 5:30-6:45 Yoga Level 1 Tracy	8:45-10:00 Open Levels Vinyasa Hunter 10:15-11:00 Fast Vinyasa Flow Erica	8:45-10:00 Vinyasa Flow Level 2 Kathy	8:45-9:45 Open Levels Yoga Emy
2/27	2/28	2/29	2/2	2/3	2/4
8:45-10:00 Open Levels Vinyasa Tracy 5:30-6:45 Yoga Level 1 Van	8:45-10:00 Vinyasa Flow Level 2 Hunter	8:45-10:00 Yoga Level 1 Tracy 5:30-6:45 Yoga Level 1 Van			