

M	T	W	TH	F	S
Semi - Privates	Semi - Privates	Semi - Privates	Semi - Privates	Semi - Privates	Semi - Privates
6:00 AM	6:00 AM	6:00 AM	6:00 AM	6:00 AM	8:30 AM
6:00 AM	7:00 AM	6:00 AM	7:00 AM	6:00 AM	9:15 AM
7:00 AM	7:45 AM	7:00 AM	7:45 AM	7:00 AM	
7:45 AM	8:30 AM	7:45 AM	8:30 AM	8:00 AM	
8:30 AM	8:30 AM	8:30 AM	8:30 AM	8:00 AM	
8:30 AM	4:45 PM	8:30 AM	4:45 PM	9:30 AM	
9:30 AM	5:45 PM	9:30 AM	5:45 PM	9:30 AM	
9:30 AM	5:45 PM	9:30 AM	5:45 PM		
5:30 PM	6:30 PM	5:45 PM	6:45 PM		
5:30 PM		5:45 PM			
6:30 PM					
Group Functional	Group Functional	Group Functional	Group Functional	Group Functional	Group Functional
11:00 AM	9:30 AM	5:05 AM	9:00 AM	5:05 AM	10:00 AM
7:00 PM	11:00 AM	11:00 AM	7:00 PM	11:00 AM	
	7:00 PM	7:00 PM			
** Yellow highlighted sessions are for those V.I.P. passes or beginning in our Semi-Private sessions. This will allow for a more effective session for all.					

Find us on **FACEBOOK** @ facebook.com/TiptonLakesAthleticClub

Effective: 1/26/12

